

## Cardiac Imaging Solutions

### Informed Consent for Exercise Stress Echocardiogram Testing

To determine my cardiovascular response to exercise, I voluntarily agree to engage in a treadmill exercise stress test.

The test I will undergo will be performed on a treadmill with the amount of effort increasing gradually until an adequate heart rate is achieved or until I become distressed in any way.

During the performance of the test, a trained observer will monitor my pulse, blood pressure and electrocardiogram. Images will be taken of my heart using ultrasound before the beginning of exercise and immediately after exercise.

Risks of the testing procedure are minimal and rare and include fainting, falling, irregularities of heart beat, chest discomfort, abnormal blood pressure response and very rarely heart attack or sudden death. Professional staff will be present during testing and emergency equipment is available if needed.

I understand these risks, though rare, can occur and I voluntarily accept the risks associated with the procedure. In addition, I understand that I may ask the test be discontinued at any time.

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Witness: \_\_\_\_\_