



LITTLETON INTERNAL MEDICINE
ASSOCIATES

Specialists in Prevention Diagnosis and Treatment of Adult Illness

BONE DENSITY (DXA) INSTRUCTIONS

PLEASE PRINT AND COMPLETE ALL PARTS

Please wear or bring pants or shorts without any buttons, zippers or Velcro (like sweats or elastic waist pants with a tee shirt). Wear or bring tennis shoes or regular shoes, as you will be wearing your shoes during the exam. Please do not wear sandals or clogs.

We will not perform scans on patients who are pregnant or who could be pregnant.

You should not take any multi-vitamin or calcium containing tablets 24 hours prior to the test.

Appointment Date: _____ Time: _____

Thank you,

Littleton Internal Medicine Associates